



VALUE ADDED BENEFITS  
Municipalities, Colleges, Schools Insurance Group  
Medical Plans

MCSIG Customer Service  
831-755-8055 or  
800-287-1442

Eligible Plans:		PPO25, PPO30, PPO40, PPO50, PPO60, PPO250, PPO Select			
Benefit	For what	Website	Who to Call	Copay	Incentive
Transcarent	Platform to MCSIG benefits	<a href="https://Experience.Transcarent.ai/MCSIG">Experience.Transcarent.ai/MCSIG</a>	(855) 586-2744	\$0	Transcarent's app is your one stop to access all of your MCSIG benefits and includes a health guide ready to help 24/7
Acupuncture	Acupuncture Care	<a href="https://blueshieldca.com">blueshieldca.com</a>	(800) 287-1442	\$0	\$2,000 per year coverage, per person
Brightline	Behavioral Health Benefit for Families	<a href="https://hellobrightline.com/MCSIG-join">hellobrightline.com/MCSIG-join</a>	(888) 224-7332	Plan copay	Behavioral health care for kids and teens (18 months to 17 years old), and support for parents and caregivers
Chiropractic Health Plan of Ca.	Chiropractic Care	<a href="https://chpc.com">chpc.com</a>	(800) 995-2442	\$10	Low co-pay for each visit
Blue Shield	Search for providers, access virtual ID card	<a href="https://blueshieldca.com">blueshieldca.com</a>	(800) 287-1442	\$0	View or print your member ID card instantly, check year-to-date totals, view claims, search for providers, quick access to all Teladoc benefits
Dunamis Wellness Center	Mental Health Services	<a href="https://Dunamiscenter.com">Dunamiscenter.com</a>	(831) 610-4906	Plan copay	Counseling services for ages 4 and up. Plan copay and plan design applies
EPIC Discount Hearing Program	Hearing aid discounts	<a href="https://epichearing.com">epichearing.com</a>	(866) 956-5400	30%-60% off	Save 30%-60% off manufacturers' suggested retail prices on major brands through EPIC Hearing Healthcare.
Express Scripts	Prescription Home Delivery	<a href="https://Express-Scripts.com">Express-Scripts.com</a>	(800) 698-3757	\$0 Generic \$50 Preferred	Generic prescription drugs for free up to 90 day supply Preferred & Brand 90 day supply for one copay
Health Education Class Subsidies	Discounted rates on health educational classes at SVMH and CHOMP	<a href="https://mcsig.com">mcsig.com</a>	(831) 755-0161	Varies	50% of health education classes are paid by MCSIG with at least 80% participation. Visit mcsig.com for a complete list of classes
MetLife (EAP)	Employee Assistance Program (EAP)	<a href="https://metlifeqc.lifeworks.com">metlifeqc.lifeworks.com</a>	(888) 319-7819	\$0	Up to 5 in-person or telephonic sessions with a licensed LifeWorks counselor. Resources for end-of-life issues, help after the death of a loved one, funeral assistance, legal and financial consultations
Wellness Coaching Services	Personalized wellness coaching			\$0	Goal-setting consultation and personalized program with follow-up calls with your coach
Financial Counseling	Financial services			\$0	Unlimited consultations with financial counselors, at no cost
Legal Consultation	Legal services			30 minute free consultation	One free 30-min office or telephone consultation per separate legal matter with an attorney. If retained, you may receive 25% off normal hourly rate.
Childcare and Eldercare	Finding the right care for your child or aging loved one			\$0	Speak to childcare and eldercare experts on your situation and needs
Daily Living	Resources for your daily chore needs			\$0	Receive 3 to 5 referrals with complete contact information by an expert consultant
Identity Theft Recovery	Identity theft services			\$0	Certified consumer credit counselor will assess and create an action plan
Online Legal Tools	Downloadable legal forms			\$0	Free
MetLife (Life Insurance)	Life Insurance & AD&D		(831) 755-0161	N/A	\$25,000 Life insurance coverage & Accidental Death and Dismemberment insurance with all MCSIG medical plans. Change forms to update beneficiary can be downloaded from mcsig.com; provide to your Benefit Representative.
MSJ+Today	Orthopedic Urgent Care	<a href="https://MSJ.Today">MSJ.Today</a>	(831) 648-7265	Plan copay	Orthopedic Urgent Care Mon-Fri 9 am to 8 pm & Sat-Sun 10 am to 7 pm. Note: this is an in-network provider and normal plan design charges apply
Teladoc Benefits	Talk to a board certified doctor 24/7	<a href="https://teladoc.com">teladoc.com</a>	(800)-TELADOC	\$0	Convenience and no-copay
General Medical	Talk or video with a doctor, 24/7	or by logging into		\$0	24/7 virtual doctor visits, and prescriptions when medically necessary (RX copay applies)
Dermatology	Receive treatment plan within 2 days	<a href="https://blueshieldca.com">blueshieldca.com</a>		\$0	Dermatology services and communication takes place through the message center
Behavioral Health	Access to a licensed therapist by phone or video			\$0	Choose your own therapist, confidential counseling 7 days a week by phone or video
Caregiver Program	Add family members you're caring for			\$45	The individual you care for does not need to be covered by your health plan
Transcarent	Single sign-on platform to MCSIG benefits	<a href="https://Experience.Transcarent.ai/MCSIG">Experience.Transcarent.ai/MCSIG</a>	(855) 586-2744	\$0	Transcarent's app is your one stop to access all of your MCSIG benefits and includes a Health Guide ready to help 24/7
Telehealth	Chat, talk or video with a doctor in under a minute, 24/7			\$0	24/7 virtual doctor visits, and prescriptions when medically necessary (RX copay applies)
Surgery Care	Planned surgeries: Bariatric, Cardiac, General, Orthopedic, Spine, Women's Health			\$0	Shared Savings Rebate \$500 to \$4,500. Care Coordinators guide you through the surgery process from beginning to end. Note: PPO60, no cost after deductible is met
Health Guides	Certified coaches, wellness educators and advocates for transparency will help guide you to the right resources.			\$0	Benefit guidance, personalized coaching, stress management, or booking of appointments with in-network doctors
Virtual Physical Care	Physical therapy for chronic back, neck or joint pain			\$0	Recover at home with a virtual program supported by a personal physical therapist.
Expert Medical Guidance	Expert second medical and surgical opinions			\$0	Talk to top doctors to get the right diagnosis and treatment options for your needs.
Wellvolution	Innovative digital health network	<a href="https://wellvolution.com">wellvolution.com</a>	(866) 671-9644	\$0	Programs with accessible apps based on the latest in science and lifestyle medicine to help members improve their health
Disease Prevention Program	Lose weight and lower risk of Type 2 diabetes			\$0	Free customized tools and health coaching with the following providers: Weight Watchers, Pulse, restore health, betr, habitnu (no monthly charges)
Stress, Sleep and Resilience	Mental healthcare support 24/7/265			\$0	Free behavioral health coaching via chats, self-guided learning, video-based therapy and psychiatry with: Ginger, headspace (no monthly charges)
Condition-specific Program	Treat diabetes, hypertension, obesity and heart disease			\$0	Use vetted methods to help control Type 2 diabetes and limit risk of chronic disease. Programs: betr, virta and monj
Tobacco Cessation	Quit smoking			\$0	Break the habit with tested strategies that help beat nicotine cravings and addiction. Program: Clickotine (no monthly charges)
COMPLETECARE REIMBURSEMENT PROGRAM & KAISER PERMANENTE:					
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