



Doctor Verification Form* MCSIG Health Screening Alternate Activity

***You do not need this form if you completed a MCSIG health screening at a worksite.**

Dear Healthcare Provider;

MCSIG and PACE health plan members can earn a yearly cash reward (\$100 - \$250) by completing approved health actions. The member must complete the following health actions by June 1, 2021 to be eligible.

1. Receive **Health Screening (lab results)** from a physician or at a MCSIG onsite health screening.
2. Complete an online **Personal Health Assessment** survey at www.wellsteps.com/mcsig.
3. Complete a 5-10 week **behavior change campaign** offered by MCSIG Wellness.

Section 1: MCSIG or PACE Member

Name _____ Date of birth _____
(Please print clearly)

E-mail address _____ phone (____) _____

By signing below, I give my healthcare provider permission to answer the questions listed below.

X _____ Date _____
Signature of Employee/Plan member

Section 2: Healthcare Provider

The patient named above has received the following required tests. Please record the results in the boxes.

| | | |
|--------------------|---------------------------|-----------------------------|
| Height (inches): | Weight (lbs.): | BMI or Waist Circumference: |
| Total Cholesterol: | HDL: | TC/HDL Ratio: |
| Glucose (fasting): | Or Glucose (non-fasting): | Blood Pressure: |

All information collected by MCSIG Wellness, a confidential third party, meets and complies with HIPAA laws.

The Patient named above is being treated, or is under my care for:

High Cholesterol ☐

Blood Pressure ☐

Blood Sugar ☐

Nutrition/Exercise/
Mindfulness ☐

X _____ Date _____ Phone _____
Signature of Physician/Licensed Medical Provider

Healthcare Provider's Name (please print): _____

MCSIG member submit this completed form to WellSteps or MCSIG no later than June 1, 2021!

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