

August 2009 Edition



# Monterey County Schools Insurance Group

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## Executive Director Update

### EXECUTIVE COMMITTEE

The Executive Committee next meets on August 25 at 1:30 p.m. Among other things, they will consider a Fall 2009 Participant Medical Benefit Survey and a proposal by PacifiCare Behavioral Health to bring our mental health program into compliance with the Federal Mental Health Parity Act.

### FULL BOARD

The Full Board next meets on September 22 at 3:00 p.m. We have scheduled a presentation on Specialty Drugs by Melisa Spicer of Express Scripts. The Board will consider adding the TelaDoc program and will discuss the Keenan & Associates Services and Compensation memo previously distributed to all Board members and Superintendents in June.

### MCSIG WELLNESS ACTIVITIES

This year's regular flu shot season will be held one month earlier to make time available for H1N1 flu shot clinics should the vaccine become available to us. Our regular flu shot season will run from mid-September to mid-October. Our flu shot clinic schedule be announced the week of August 17. The regular flu shot co-pay will remain at \$5.

This year we will be sponsoring the very popular 10K pedometer-based walking program. The program will begin on September 28 and end on October 30. We are extending the program by one week this year so all participants will have ample time to get in their four weeks of walking so get those tennis shoes warmed up!

### SPOUSE PRIMARY COVERAGE VERIFICATION FORMS

MCSIG will be mailing spouse primary coverage verification forms to the mailing addresses of all participants with spouses enrolled in the medical plans by the end of August. If your employees have questions, please ask them to call MCSIG customer service at 800-287-1442.

### HEALTHPLACE AMERICA SURGERY BENEFIT



Check out your new surgery benefit at the HPA website at <http://www.healthplacebenefit.com/Welcome/welcome.html>.

Welcome Back!

### Important Upcoming Dates

#### Executive Committee Meetings

August 25, 2009

[Note date change]

1:30 p.m.

September 22, 2009

1:45 p.m.

#### Full Board Meeting

September 22, 2009

3:00 p.m.

### Executive Committee Members

Garry Bousum, President

Robert Della Rosa, Vice President  
(CTA)

Sara Perez, Treasurer

Dee Baker, Member

Robin Blakley, Member

Peggy Gilkey, Member (CTA)

Eric Price, Member (CSEA)

Rosie Sanchez, Member (CSEA)

Sherrell Freeman, Executive Director  
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# MCSIG

Monterey County Schools  
Insurance Group

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