

Monterey County Schools Insurance Group
Wellness Program

Health Check 2012

SCHOOL SCREENING SCHEDULE*

Approved 1/30/12

DATE	TIME	SCHOOL	LOCATION	CONTACT	E-Mail Address	PHONE	'10
Feb. 21	2:30-5:30 p.m.	Boronda Meadows	Library	Diane Huerta	dhuerta@salinascity.k12.ca.us	784-5400x1385	38
Feb. 22	9:00 a.m.-12:00 p.m.	M.C.O.E.	West Campus #8	Melissa Luna-Hinds	mluna@monterey.k12.ca.us	784-4177	43
Feb. 23	1:30-4:30 p.m.	Santa Rita D.O.	Board Room	Juanita Verdin	jverdins@santaritaschools.org	443-7200x203	27
Feb. 28	1:00-4:00 p.m.	C. Chavez (Grnfl)	Staff Room	Bertha Gonzalez	bgonzalez@greenfield.k12.ca.us	674-2412	24
Feb. 29	2:30-5:30 p.m.	San Benancio M.S.	M/P	Diana O'Mary	domary@monterey.k12.ca.us	484-1172	28
Mar. 1	2:30-5:30 p.m.	Spreckels School	Auditorium	Milena Dicks	mdicks@monterey.k12.ca.us	455-2550x12	19
Mar. 7	1:30-4:30 p.m.	Carmel H.S.	Library	Valerie Stack	vstack@carmelunified.org	624-1821x2786	33
Mar. 8	1:30-3:30 p.m.	Fairview M.S.	Library	Maria Lagunas	mlagunas@gonzales.k12.ca.us	675-3704	19
Mar. 13	2:00-5:00 p.m.	Pacific Grove D.O.	Conference Room	Laurel Peiffer	lpeiffer@pgusd.org	646-6515	35
Mar. 14	1:00-4:00 p.m.	Hartnell College	Steinbeck Hall (Dinning Rm.)	Alma Arriaga	aarriaga@hartnell.edu	770-6168	29
Mar. 15	11:00 a.m.-1:00 p.m.	King City H.S.	Library	Nita Thomas	nthomas@kcsd.org	385-5461x3243	15
Mar. 15	2:30-5:30 p.m.	Santa Lucia School	Room #12	Janette Domingos	jdomingos@kcsd.org	385-3246	34
Mar. 20	10:00-11:30 a.m.	San Antonio USD	P.E. Room #11	Faye Wells	fwells@monterey.k12.ca.us	385-3051	15
Mar. 20	2:30-4:00 p.m.	San Lucas USD	Staff Room #15	Estella Ramirez	jdomingos@kcsd.org	382-4426	11
Mar. 21	3:00-6:00 p.m.	Natividad School	Library	Delia Alvarado	ticketat93@yahoo.com	753-5675	16
Mar. 22	9:00 a.m.-12:00 p.m.	M.C.O.E.	Room D	Melissa Luna-Hinds	mluna@monterey.k12.ca.us	784-4177	37
Mar. 27	3:00-6:00 p.m.	Kammann School	Staff Lounge	Griselda Ortiz	griseldaortiz@aol.com	235-4117	29
Mar. 28	11:00 a.m.-4:00 p.m.	Tularcitos School	Room #46	Elaine Eldridge	eramirez@monterey.k12.ca.us	659-2276	37
Mar. 29	2:00-5:00 p.m.	Soledad H.S.	Mission Room	Alicia Due/Maria	adue@soledad.k12.ca.us/mmartinez@soledad.k12.ca.us	678-3987	29

*Subject to change

- Health Check 2012 is a voluntary and confidential health screening that includes cholesterol, glucose, risk ratio, blood pressure, and Body Mass Index. No fasting is required.
- The screening is offered at no-cost to all MCSIG members over age 18. Non members will be asked to pay \$50.
- Appointments are strongly encouraged. To schedule a 15 minute appointment, please contact the person listed above at the clinic nearest you.